

## EYRA Baseball Guidelines – COVID-19 Fall 2021

These guidelines provide direction for coaches, players, parents, and spectators for the 2021 baseball season due to the ongoing COVID-19 situation. These may change at any time, so we must be flexible. They will be updated, as necessary.

- Players may wear a mask during activity at parents' discretion.
- Practice social distancing as best possible in dugouts/ team benches. Limit number of players and coaches in these areas. Spread out when possible.
- Limit spectators not essential to training; however, it may be necessary for younger players. Have spectators spread out when possible or stay within family units.
- As players arrive, inquire how they are feeling. If they are ill or appear to be ill, send them home.
- Make sure your child and immediate household members are free from illness before participating in practice and competition (if there is doubt stay home)
- Sick players and coaches must stay at home and follow appropriate health guidelines. No signs of COVID-19 for the past 14 days and no known exposure before returning to baseball activity.
- Any player quarantined from school may not attend any baseball activity until eligible to return to school.
- Parents must notify the coach should their child become ill. If player tests positive, they may not be permitted back to baseball activity until they test negatively for COVID.
- Positive Case in Household: If a person living with a player or coach tests positive, they must stay home and isolate as recommended by the CDC.
- Game balls and benches are disinfected before and after every game & practice.
- Sharing of equipment is strongly discouraged. Require each player to provide personal equipment including glove, bat and helmet or request equipment to use for the season.
- No sharing of water bottles or snacks. Parents may keep these items during games & practices and clearly label them.
- Only coaches may touch or move equipment. Players do not touch or move equipment.
- Try to avoid bodily contact in training. Avoid drills that involve standing in lines to maintain social distancing.
- Pitchers are encouraged not to put their hands to their mouth.
- Encourage parents to sanitize and wash all equipment and uniforms after training and games.
- Encourage players to pack hand sanitizer and a face mask in equipment bag.
- Minimize interaction with other teams that train before or after you. Schedule games & practices with 15-min buffer to prevent overlap of participants. Stagger start times to limit changeover of teams. Emphasize player should go straight to cars.
- Players do not huddle together, fist bump, slap hands. Sportsmanship continues in creative, touchless manner for all coaches, players, and umpires.
- Only one coach should attend to an injured player. Must wear mask and gloves.
- Supply medical kit or bag with gloves, extra masks, sanitizer, and facial tissues.
- Parents make the ultimate decision on their child's attendance participation.

This list does not replace the advice or direction of medical professionals. The risk of infection still exists. Please recognize that families and individuals may have reservations about reintegrating their children and playing situations. We must be respectful, sensitive, and flexible as we play this season. If a parent, child, or coach is not comfortable playing, they should not.